



Beauty & Health Center offers integrated beauty programs, exclusive professional face and body care treatments and an ample selection of special massage techniques. Specially designed face and body treatments have been envisaged in the aim of correcting the signs of aging, improving skin appearance of both face and body. Unique massages and Wellness rituals will provide you with a feeling of being genuinely relaxed, revitalized, and comfortable; and will bring your body and soul into balance.

#### **WE WORK WITH THE HIGH QUALITY COSMETIC BRANDS:**

- Organic Spa brand VOYA
- Luxury Spa brand Omorovicza
- Spa brand THÉMAÉ Paris
- Diego Dalla Palma Professional
- Beauty brand Malu Wilz
- Organic Spa brand BCL
- Organic kids' brand Nougatine

#### **SPECIAL OFFER:**

- PACKAGE FOR MEN
- PACKAGE FOR WOMEN
- PACKAGE FOR TWO
- GIFT VOUCHER
- SPA PARTY
- SPA OASIS



We naturally care about your skin

**HOTEL ARISTOS, 4th floor**

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[www.yestobeautey.hr](http://www.yestobeautey.hr)



[yes\\_to\\_beauty](https://www.instagram.com/yes_to_beauty)

# PACKAGE FOR WOMEN



## BREAK TIME

- Neck & shoulders massage (20 min)
- Instant refresh treatment (25 min)
- Spa zone (up to 60 min)

Regular price: ~~715,00 kn~~ – Package price: **300,00 kn**

## BUSINESS WOMAN

- VOYA organic self discovery radiance facial (50 min)
- Stress relief massage (30 min)
- Organic luxury Spa manicure or pedicure (aprox. 50 min)
- Thémaé sauna ritual (3h)

Regular price: ~~1.275,00 kn~~ – Package price: **750,00 kn**

## BODY FIT

5-day anticellulite program for your fit body

- 1st & 2nd treatment - Manual massage (25 min), Maderotherapy (25 min) & Sauna detox (30 min)
- 3rd & 4th treatment - Anticellulite body wrap (50 min) i Sauna detox (30 min)
- 5th treatment - Lymphatic drainage (50 min), Body brushing i Sauna detox (30 min)
- Individual nutrition and physical activity counseling with a certified fitness instructor

Regular price: ~~2.220,00 kn~~ – Package price: **1.200,00 kn**

\*Price is per person



# PACKAGE FOR MEN



## EASY START

- Relax massage (75 min)
- Spa zone (up to 60 min)

Regular price: 300,00 kn – Package price: **250,00 kn**

## TIME FOR ME

- 3x Deep T massage (30 min)
- GRATIS massage upgrade - hot stones
- 3x Sauna (up to 60 min)

Regular price: 1.260,00 kn – Package price: **500,00 kn**

## BUSINESS MAN

- Stress relief massage (75 min)
- The man facial (50 min)
- Thémaé sauna ritual (3h)

Regular price: 1.305,00 kn – Package price: **750,00 kn**

\*Price is per person



# PACKAGE FOR TWO



## TIME FOR BREAK

- Stress relief massage for two (30 min)
- Spa zone for two (up to 60 min)

Regular price: 760,00 kn – Package price: **350,00 kn**

## ROMANTIC GETAWAY

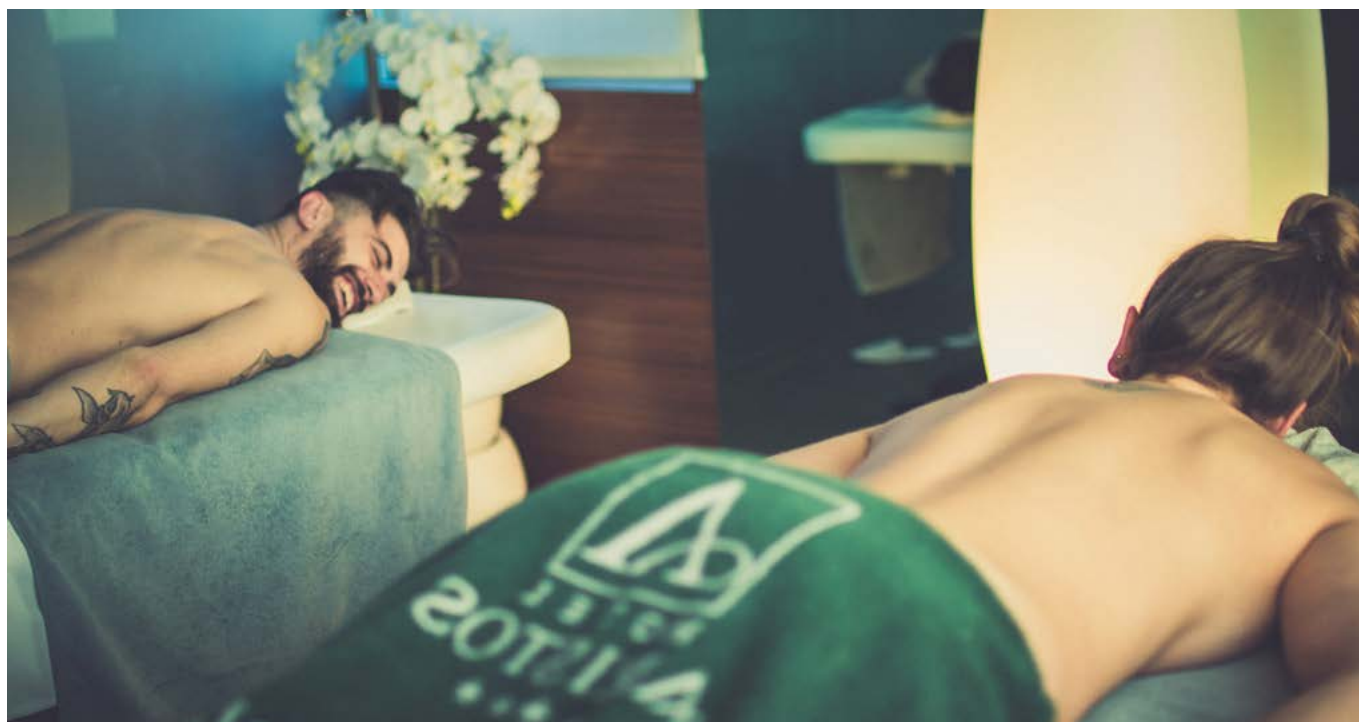
- THÉMAÉ EAST WEST massage for two (50 min)
- Spa zone for two (up to 120 min)
- Premium quality sparkling wine

Regular price: 1.150,00 kn – Package price: **690,00 kn**

## COUPLES DISCOVERY RITUAL

- Organic Voyager ritual for two (90 min)
- Organic body peeling for two (30 min)
- Spa zone for two (whole day)

Regular price: 2.640,00 kn – Package price: **1.320,00 kn**



# GIFT VOUCHER



The gift voucher is valid for cash for Wellness and SPA services at Yes to Beauty SPA, and to be used within 90 days of issue date.

## CHOOSE:

- Gift voucher 200,00 kn
- Gift voucher 400,00 kn
- Gift voucher 500,00 kn
- Gift voucher 700,00 kn

We also offer the option of combining treatments on a custom gift packages and the custom gift voucher values.





# SPA PARTY



Time for celebration: birthday, boys and girls party, hen & stag party...  
Reserve YOUR OWN Wellness SPA OASIS and enjoy saunas, whirlpool, relax zone and Wellness treatments & massages.

Offer includes:

## WELLNESS SPA ZONE

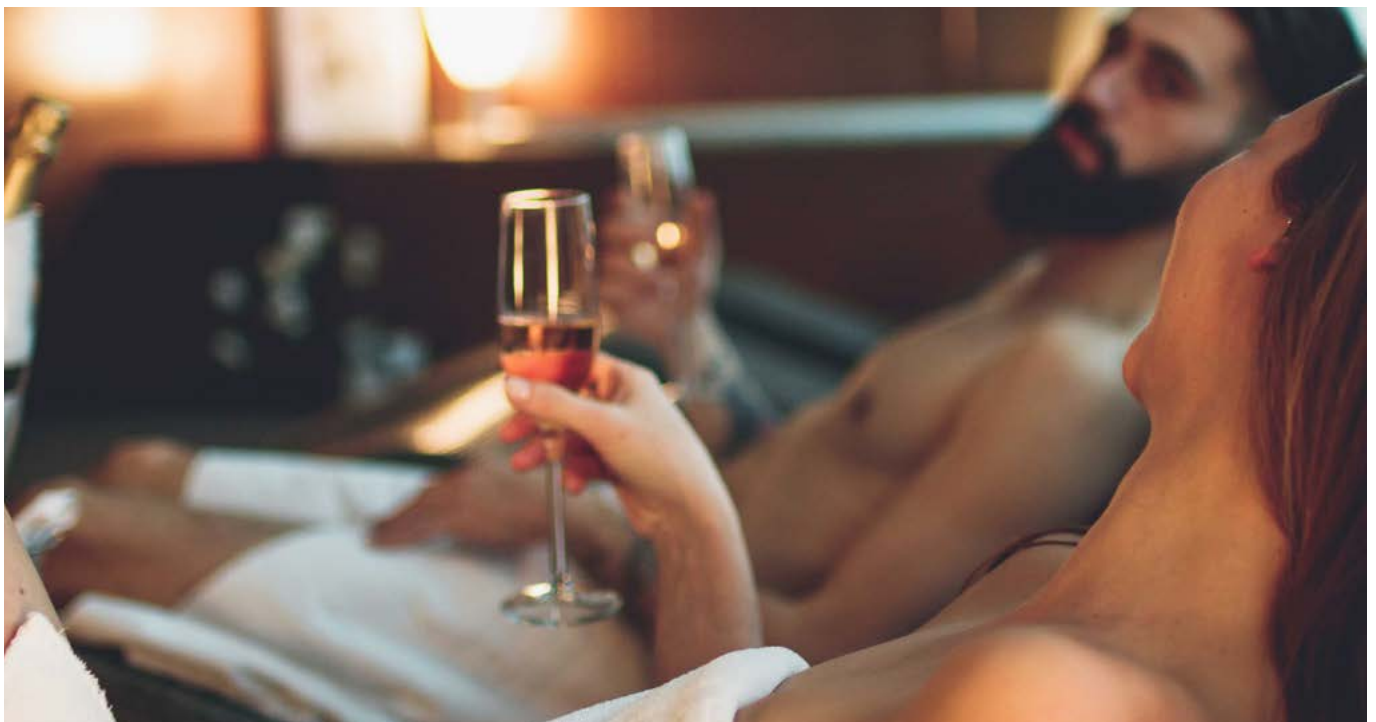
- 120 min reserved ONLY FOR YOU!
- Bio/Finnish sauna, steam bath, infrared sauna with aromatherapy, whirlpool

## RELAX ZONA

- Relaxing area with soothing music, fresh fruits and refreshment;
- Usage of Wellness towels, bathrobe and slippers;
- Welcome glass of Premium sparkling wine;
  
- 20% discount on Spa treatments during Spa party and afterwords when time elapses;
- Free WiFi.

PRICE per person: **250,00 kn**

\*Price is valid for a group of minimum 4 to maximum 9 persons.





Aristos SPA Oasis encompasses a bio/Finnish sauna, steam bath, infrared sauna, whirlpool and a relax zone. SPA – short for the Latin expression 'SANUS PER AQUAM', translates to HEALTH THROUGH WATER. Relax and enjoy the Spa zone benefits.

Price per person: **100,00 kn / 60 min**

Every additional hour: **50,00 kn** per person

## STEAM / TURKISH SAUNA

- Temperature: 40°C - 60°C, Humidity: 100%
- Steam bath or Turkish sauna is one of the oldest forms of relaxing and cleansing your body. It improves circulation, opens skin pores, cleanses the skin which hence assumes a youthful, gentle and soft appearance. The high level of humidity in the Turkish sauna and natural essential oils scented air favorably affect airways. Staying in a steam sauna contributes to deep physical and mental relaxation, and a sense of harmony.
- A recommended stay in a sauna means: one sauna cycle lasts between 10 to 15 minutes, cooling off and taking a 20 minutes break between each sauna cycle is mandatory. Two to a max three sauna cycles (entering the sauna facility) are recommended.

## INFRARED SAUNA

- Temperature: 50°C - 60°C, Humidity: 10 - 15%
- Infrared sauna is based on the activity of infrared lights protruding deep into body tissue and creating natural vibration that heats up the tissue and prompts sweating already at low temperatures (50°C to 60°C). Infrared lights warm the body in the same way the sun does, so anyone may, for health preservation purposes, use an infrared sauna. Infrared deeply penetrating heat acts favorably on the skin, muscle tissue, joints, digestive tract, blood stream and heart muscle, blood pressure; it stimulates bone regeneration, metabolism, activates the immune system, and is ideal in fighting rheumatoid arthritis and psoriasis. Infrared deeply penetrating heat decreases tension and pain, relaxes muscles and tendons, relaxes and elevates the level of energy by stimulating energy centers.
- A recommended stay in a sauna means: one sauna cycle lasts between 10 to 15 minutes, cooling off and taking a 20 minutes break between each sauna cycle is mandatory. Two to a max three sauna cycles (entering the sauna facility) are recommended.



## BIO-FINNISH SAUNA

- Temperature in **Bio sauna**: 50°C - 60°C, Humidity: 20 - 40%
- Pleasant temperature and moderate air humidity have a beneficial effect on relaxing the muscles of the entire body, apart for having a positive weight on airways and skin cleansing. Deep and moderate breathing is recommended in order to attain the complete sauna effect.
- A recommended stay in a sauna means: one sauna cycle lasts between 10 to 15 minutes, cooling off and taking a 20 minutes break between each sauna cycle is mandatory. Two to a max three sauna cycles (entering the sauna facility) are recommended.
- Temperature in **Finnish sauna**: 80°C - 100°C, Humidity: up to 10%
- Useful in detoxicating the body, conditioning blood vessels, heart and psihological aswell as physical relasation. It can also be used as a preparation for a massage. A recommended stay in a sauna means: one sauna cycle lasts between 10 to 15 minutes, cooling off and taking a 20 minutes break between each sauna cycle is mandatory. Two to a max three sauna cycles (entering the sauna facility) are recommended.

## WHIRLPOOL – HYDRO MASSAGE

- Aristos Spa Zone whirlpool is equipped with hydro and air nozzles for hydro massage, and may be simultaneously used by up to six persons. Whirlpool hydro massage is a natural form of massage where water is utilized to perform the massage.
- It is recommended as an extremely efficient manner of releasing tension, relaxing the muscles, provoking organism detox, encouraging circulation and giving a feeling of relaxation and harmony.



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